## ColumbiaDoctors | Children's Health

## Pediatric Liver to Adult Transition: The PLATinum Program

## **Our Transition Policy**

The transition process usually begins around age 12. This means that we will spend time during the visit with our patient without their parents present in order to assist them in setting health priorities and supporting them in becoming more independent with their own health care.

At age 18, youth legally become adults. We respect that many of our young adult patients choose to continue to involve their families in health care decisions. Only with the patient's consent will we be able to discuss any personal health information with family members. If the patient has a condition that prevents him/her from making health care decisions, we encourage parents/caregivers to consider options for supported decision-making.

We will collaborate with our patients and their families regarding the age for transferring to an adult provider. All patients in our practice will transfer before the age of 22. We will assist with this transfer process, including helping to identify an adult provider, sending medical records, and communicating with the adult provider about the unique needs of our patient.

If you have any questions or concerns, please feel free to contact us at 212-305-3000.