

Dear Potential Donor,

It is a wonderful and courageous thing that you are considering doing. In order for us to ensure your safety and make sure you are fully informed of the risks and benefits of living donor transplantation and that you are healthy enough to give part of your liver to another person, we ask that you take a moment to complete the attached questionnaire.

After you fill out the questionnaire we will test your blood type to make sure it is compatible with the potential recipient and do a liver function blood test. It is important that you understand that at no point will you be contacted by our center to set up appointments. You must call for the results and to set up subsequent tests and procedures. We do this to ensure that you do not feel coerced by us in any way to donate. We expect that all our liver donors are donating of their own free will.

The donor evaluation is as follows:

1. Testing blood type compatibility
2. Consultation with Nurse Educator
3. Hepatology consultation appointment
4. Surgical consultation appointment
5. Laboratory tests. Blood and urine (we reserve the right to perform urine drug screens)
6. Chest X-Ray
7. EKG (Electrocardiogram)
8. Social Work evaluation
9. Psychiatric evaluation
10. MRI/MRA/MRCP of the liver

Potential donors with medical problems may require additional testing as determined by the Transplant Team.

If you have any questions, please feel free to contact our office.

Sincerely,

Jennica Kim
Living Donor Program Coordinator

Living Donor Questionnaire

Name _____ Age _____ Sex _____ Race _____

Donor Weight _____ Donor Height _____

Recipient Name _____ Relationship to you _____
Marital Status _____ Number of Children _____

Employment status (circle one)

Full Time / Part Time / Unemployed by choice / Unemployed unable to find work / Unemployed r/t illness / Retired

Occupation _____ Telephone Number _____
Emergency Contact _____ Relationship to you _____

Do you feel forced into a donor evaluation? YES NO

Reason for donating _____

Patient Medical History

Have you ever had the following (check "no or yes", leave blank if uncertain)

- | | | | | | | | |
|-----------------|--|--------------------|--|------------------------------|--|-----------------------|--|
| Measles | <input type="checkbox"/> no <input type="checkbox"/> yes | Venereal Disease | <input type="checkbox"/> no <input type="checkbox"/> yes | Blood or Plasma Transfusions | <input type="checkbox"/> no <input type="checkbox"/> yes | Mitral Valve Prolapse | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Mumps | <input type="checkbox"/> no <input type="checkbox"/> yes | Anemia | <input type="checkbox"/> no <input type="checkbox"/> yes | Back Trouble | <input type="checkbox"/> no <input type="checkbox"/> yes | Stroke | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Chicken Pox | <input type="checkbox"/> no <input type="checkbox"/> yes | Bladder infections | <input type="checkbox"/> no <input type="checkbox"/> yes | High or low Blood Pressure | <input type="checkbox"/> no <input type="checkbox"/> yes | Hepatitis | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Whooping Cough | <input type="checkbox"/> no <input type="checkbox"/> yes | Epilepsy | <input type="checkbox"/> no <input type="checkbox"/> yes | Hemorrhoids | <input type="checkbox"/> no <input type="checkbox"/> yes | Ulcer | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Scarlet Fever | <input type="checkbox"/> no <input type="checkbox"/> yes | Migraine Headaches | <input type="checkbox"/> no <input type="checkbox"/> yes | Asthma | <input type="checkbox"/> no <input type="checkbox"/> yes | Kidney Disease | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Diphtheria | <input type="checkbox"/> no <input type="checkbox"/> yes | Tuberculosis | <input type="checkbox"/> no <input type="checkbox"/> yes | Hives or Eczema | <input type="checkbox"/> no <input type="checkbox"/> yes | Thyroid Disease | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Smallpox | <input type="checkbox"/> no <input type="checkbox"/> yes | Diabetes | <input type="checkbox"/> no <input type="checkbox"/> yes | AIDS or HIV+ | <input type="checkbox"/> no <input type="checkbox"/> yes | Bleeding Tendency | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Pneumonia | <input type="checkbox"/> no <input type="checkbox"/> yes | Cancer | <input type="checkbox"/> no <input type="checkbox"/> yes | Infectious Mono | <input type="checkbox"/> no <input type="checkbox"/> yes | Any Other Disease | <input type="checkbox"/> no <input type="checkbox"/> yes |
| Rheumatic Fever | <input type="checkbox"/> no <input type="checkbox"/> yes | Polio | <input type="checkbox"/> no <input type="checkbox"/> yes | Bronchitis | <input type="checkbox"/> no <input type="checkbox"/> yes | (Please list) | |
| Heart Disease | <input type="checkbox"/> no <input type="checkbox"/> yes | Glaucoma | <input type="checkbox"/> no <input type="checkbox"/> yes | Date of last X-Ray _____ | | | |
| Arthritis | <input type="checkbox"/> no <input type="checkbox"/> yes | Hernia | <input type="checkbox"/> no <input type="checkbox"/> yes | | | | |

Previous Hospitalizations/Surgeries/Serious Illnesses	When	Hospital, City, State
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Medications (Including over the counter medications)

Patient Social History

Marital Status	<input type="checkbox"/> Single	<input type="checkbox"/> Married	<input type="checkbox"/> Separated	<input type="checkbox"/> Divorced	<input type="checkbox"/> Widowed
Use of alcohol	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely	<input type="checkbox"/> Moderate	<input type="checkbox"/> Daily	
Use of tobacco	<input type="checkbox"/> Never	<input type="checkbox"/> Previously quit _____	<input type="checkbox"/> Started again _____	<input type="checkbox"/> Current packs a day _____	
Use of drugs	<input type="checkbox"/> Never	<input type="checkbox"/> Type/Frequency			
Exposure at home or work to	<input type="checkbox"/> Fumes	<input type="checkbox"/> Dust	<input type="checkbox"/> Solvents	<input type="checkbox"/> Airborne Particles	<input type="checkbox"/> noise

Family Medical History

	<i>Age</i>	<i>Diseases</i>	<i>If deceased, cause of death</i>
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____
Siblings	_____	_____	_____
Spouse	_____	_____	_____
Children	_____	_____	_____

Review of Systems: Please indicate any personal history below

General Health

Good General health lately no yes

Recent Weight Change no yes

Fever no yes

Fatigue no yes

Headache no yes

Eyes no yes

Genital and Urinary

Frequent urination no yes

Burning or painful urination no yes

Blood in Urine no yes

Change in force of strain when urinating no yes

Incontinence or dribbling no yes

Kidney Stones no yes

Psychiatric

Memory loss or confusion no yes

Nervousness no yes

Depression no yes

Insomnia no yes

Endocrine

Glandular or hormone problem no yes

Excessive thirst or urination no yes

Heat or cold intolerance no yes

Skin becoming drier no yes

Change in hat or glove size no yes

Eye disease or injury no yes

Wear glasses/contact lenses no yes

Blurred or double vision no yes

Sexual difficulty no yes

Male-testicle pain no yes

Female pain with periods no yes

Female irregular periods no yes

Hematologic/lymphatic

Slow to heal after cuts no yes

Bleeding or bruising tendencies no yes

Anemia no yes

Ears/Nose/Mouth/Throat

Hearing loss or ringing no yes

Earache or drainage no yes

Chronic Sinus Problems or Rhinitis no yes

Female-vaginal discharge no yes

Female- # of pregnancies no yes

Female- # of miscarriages no yes

Nose Bleeds no yes

Mouth Sores no yes

Bleeding gums no yes

Musculoskeletal

Joint pain no yes

Joint stiffness or swelling no yes

Weakness of muscles or joints no yes

Bad breath or bad taste no yes

Sore throat or voice change no yes

Allergic/Immunologic

History of skin no yes

Swollen glands in neck no yes

Cardiovascular		Back pain	<input type="checkbox"/> no <input type="checkbox"/> yes	reaction or other reaction to:	<input type="checkbox"/> no <input type="checkbox"/> yes
Heart trouble	<input type="checkbox"/> no <input type="checkbox"/> yes	Cold extremities	<input type="checkbox"/> no <input type="checkbox"/> yes	Penicillin or other antibiotics	<input type="checkbox"/> no <input type="checkbox"/> yes
Chest pain or angina pecloris	<input type="checkbox"/> no <input type="checkbox"/> yes	Difficulty in walking	<input type="checkbox"/> no <input type="checkbox"/> yes	Morphine, Demerol or other narcotics	<input type="checkbox"/> no <input type="checkbox"/> yes
Palpitation	<input type="checkbox"/> no <input type="checkbox"/> yes	Skin / Breast		Novacaine or other anesthetics	<input type="checkbox"/> no <input type="checkbox"/> yes
Shortness of breath with walking or lying flat	<input type="checkbox"/> no <input type="checkbox"/> yes	Rash or itching	<input type="checkbox"/> no <input type="checkbox"/> yes	Aspirin or other pain remedies	<input type="checkbox"/> no <input type="checkbox"/> yes
Swelling of feet, ankles or hands	<input type="checkbox"/> no <input type="checkbox"/> yes	Change in skin color	<input type="checkbox"/> no <input type="checkbox"/> yes	Tetanus antitoxin or other serums	<input type="checkbox"/> no <input type="checkbox"/> yes
Respiratory		Change in hair or nails	<input type="checkbox"/> no <input type="checkbox"/> yes	Iodine, methiolate or other antiseptics	<input type="checkbox"/> no <input type="checkbox"/> yes
Chronic or frequent cough	<input type="checkbox"/> no <input type="checkbox"/> yes	Varicose veins	<input type="checkbox"/> no <input type="checkbox"/> yes	Other drugs/medications	<input type="checkbox"/> no <input type="checkbox"/> yes
Spitting up blood	<input type="checkbox"/> no <input type="checkbox"/> yes	Breast pain	<input type="checkbox"/> no <input type="checkbox"/> yes		
Shortness of breath	<input type="checkbox"/> no <input type="checkbox"/> yes	Breast lump	<input type="checkbox"/> no <input type="checkbox"/> yes		
Wheezing	<input type="checkbox"/> no <input type="checkbox"/> yes	Breast discharge	<input type="checkbox"/> no <input type="checkbox"/> yes		
Gastrointestinal		Neurological			
Loss of appetite	<input type="checkbox"/> no <input type="checkbox"/> yes	Frequent recurring headaches	<input type="checkbox"/> no <input type="checkbox"/> yes	Known food allergies	
Change in bowel movements	<input type="checkbox"/> no <input type="checkbox"/> yes	Light headed or dizzy	<input type="checkbox"/> no <input type="checkbox"/> yes		
Nausea or vomiting	<input type="checkbox"/> no <input type="checkbox"/> yes	Convulsions or seizures	<input type="checkbox"/> no <input type="checkbox"/> yes		
Frequent diarrhea	<input type="checkbox"/> no <input type="checkbox"/> yes	Numbness or tingling sensations	<input type="checkbox"/> no <input type="checkbox"/> yes		
Painful bowel movements or constipation	<input type="checkbox"/> no <input type="checkbox"/> yes	Tremors	<input type="checkbox"/> no <input type="checkbox"/> yes	Environmental Allergies	
Rectal bleeding or blood in stool	<input type="checkbox"/> no <input type="checkbox"/> yes	Paralysis	<input type="checkbox"/> no <input type="checkbox"/> yes		
Abdominal Pain	<input type="checkbox"/> no <input type="checkbox"/> yes	Head injury	<input type="checkbox"/> no <input type="checkbox"/> yes		

Over the past 12 months have you:

- 1) Had contact with a person with Hepatitis? Yes No Specify _____
- 2) Had unprotected sex? Yes No
- 3) Had sexual contact with persons suspected of having hepatitis or HIV? Yes No
- 4) Had any of the following:

Tattoos	Yes	No
Body Piercing	Yes	No
Acupuncture	Yes	No
Needle stick Injury	Yes	No
- 5) Injected in your skin for non-medical use? Yes No
- 6) Lived in a correctional facility or in jail? Yes No
- 7) Traveled outside the USA for business or pleasure? Yes No Location _____
- 8) Unexplained flu-like symptoms, cold, cough, swollen lymph nodes, night sweats, fever or significant weight loss? Yes No

Intake Sheet

Medical Record Number: _____

Patient's Name: _____
Last Name First Name

Street Address: _____
Apt/Suite#

City/Town State Zip Code

Gender: _____ **Race:** _____ **Ethnicity:** _____

Social Security Number: _____ - _____ - _____ **Date of Birth:** ____/____/____

Home Phone: _____ - _____ - _____ **Work Phone:** _____ - _____ - _____

Pager Number: _____ - _____ - _____ **Cell Phone:** _____ - _____ - _____

E-Mail: _____

Mother's First Name: _____ **Father's First Name:** _____

In case your address or telephone number changes in the future please list three contacts we may call to get updated information for you:

Name: _____ **Telephone #:** _____
Name: _____ **Telephone #:** _____
Name: _____ **Telephone #:** _____

PCP: _____
First Name Last Name Title

Address: _____ **Telephone:** _____ - _____ - _____
Apt/Suite

City/Town State Apt/Suite

Primary Insurance: _____ **ID#:** _____

May we contact the recipient if we need to get contact information for you? _____

BDI

On this questionnaire are groups of statements. Please read each group of statements carefully. Then pick the one statement in each group which best describes the way you have been feeling the PAST WEEK, INCLUDING TODAY.

Circle the number beside the statement you picked. If several statements in the group seem to apply equally well, circle each one.

Be sure to read all the statements in each group before making your choice.

Client Name _____ Date: _____

Sadness

0. I do not feel sad.
1. I feel sad much of the time.
2. I am sad all the time.
3. I am so sad or unhappy that I can't stand it.

Pessimism

0. I am not discouraged about my future.
1. I feel more discouraged about my future than I used to be.
2. I do not expect things to work out for me.
3. I feel my future is hopeless and will only get worse.

Past Failure

0. I do not feel like a failure.
1. I have failed more than I should have.
2. As I look back I see a lot of failures.
3. I feel I am a total failure as a person.

Loss of Pleasure

0. I get as much pleasure as I ever did from the things I enjoy.
1. I don't enjoy things as much as I used to.
2. I get very little pleasure from the things I used to enjoy.
3. I can't get any pleasure from the things I used to enjoy.

Guilty Feelings

1. I don't feel particularly guilty.
2. I feel guilty over many things I have done or should have done.
3. I feel guilty most of the time.
4. I feel guilty all the time.

Punishment Feelings

1. I don't feel I am being punished.
2. I feel I may be punished.
3. I expect to be punished.
4. I feel I am being punished.

Self-Dislike

0. I feel the same about myself as ever.
1. I have lost confidence in myself.
2. I am disappointed in myself.
3. I dislike myself.

Self-Criticalness

- 0. I don't criticize or blame myself more than usual.
- 1. I am more critical of myself than I used to be.
- 2. I criticize myself for all of my faults.
- 3. I blame myself for everything bad than happens.

Suicidal Thoughts or Wishes

- 0. I don't have any thoughts of killing myself.
- 1. I have thoughts of killing myself, but I would not carry them out.
- 2. I would like to kill myself.
- 3. I would kill myself if I had the chance.

Crying

- 0. I don't cry anymore than I used to.
- 1. I cry more than I used to.
- 2. I cry over every little thing.
- 3. I feel like crying, but I can't.

Agitation

- 0. I am no more restless or wound up than usual.
- 1. I feel more restless or wound up than usual.
- 2. I am so restless or agitated that it's hard to stay still.
- 3. I am so restless or agitated that I have to keep moving or doing something.

Loss of Interest

- 0. I have not lost interest in other people or activities.
- 1. I am less interested in other people or things than before.
- 2. I have lost most of my interest in other people or things.
- 3. It's hard to get interested in anything.

Indecisiveness

- 0. I make decisions about as well as ever.
- 1. I find it is more difficult to make decisions than usual.
- 2. I have much greater difficulty in making decisions than I used to.
- 3. I have trouble making any decisions.

Worthlessness

- 0. I do not feel I am worthless.
- 1. I don't consider myself as worthwhile and useful as I used to.
- 2. I feel more worthless as compare to other people.
- 3. I feel utterly worthless.

Loss of Energy

- 0. I have as much energy as ever.
- 1. I have less energy than I used to have.
- 2. I don't have enough energy to do very much.
- 3. I don't have enough energy to do anything.

Changes in Sleeping Pattern

- 0. I have not experienced any change in my sleeping pattern.
- 1. I sleep somewhat less than usual. –or– I sleep somewhat more than usual.
- 2. I sleep a lot less than usual. –or– I sleep a lot more than usual.
- 3. I sleep most of the day. –or– I wake up 1-2 hours early and can't get back to sleep.

Irritability

0. I am no more irritable than usual.
1. I am more irritable than usual.
2. I am much more irritable than usual.
3. I am irritable all the time.

Changes in Appetite

0. I have not experienced any change in my appetite.
1. My appetite is somewhat less than usual. –or– My appetite is somewhat greater than usual.
2. My appetite is much less than usual. –or– 17 My appetite is much greater than usual.
3. I have no appetite at all. –or– I crave food all the time.

Concentration Difficulty

0. I can concentrate as well as ever.
1. I can't concentrate as well as usual.
2. It's hard to keep my mind on anything for very long.
3. I find I can't concentrate on anything.

Tiredness or Fatigue

0. I am no more tired or fatigued than usual.
1. I get more tired or fatigued more easily than usual.
2. I am too tired or fatigued to do a lot of the things I used to do.
3. I am too tired or fatigued to do most of the things I used to do.

Loss of Interest in Sex

0. I have not noticed any recent change in my interest in sex.
1. I am less interested in sex than I used to be.
2. I am much less interested in sex now.
3. I have lost interest in sex completely

Beck Anxiety Scale

Date: _____

		Not at all	Mildly (it did not bother me much.)	Moderately (it was very unpleasant but I could stand it..)	Severely (I could barely stand it.)
1	Difficulty breathing	0	1	2	3
2	Difficulty sleeping at night	0	1	2	3
3	Dizzy or lightheaded	0	1	2	3
4	Face flushed	0	1	2	3
5	Faint	0	1	2	3
6	Fear of dying	0	1	2	3
7	Fear of losing control	0	1	2	3
8	Fear of the worst happening	0	1	2	3
9	Feeling hot	0	1	2	3
10	Feelings of choking	0	1	2	3
11	Hands trembling	0	1	2	3
12	Heart pounding or racing	0	1	2	3
13	Indigestion or discomfort in abdomen	0	1	2	3
14	Nervous	0	1	2	3
15	Numbness or tingling	0	1	2	3
16	On edge	0	1	2	3
17	Racing thoughts	0	1	2	3
18	Shaky	0	1	2	3
19	Sweating (not due to heat)	0	1	2	3
20	Terrified	0	1	2	3
21	Unable to relax	0	1	2	3
22	Unsteady	0	1	2	3
23	Wobbliness in legs	0	1	2	3

Total Score:

0-16 = mild anxiety
 17-30 = moderate anxiety
 31 and above = severe anxiety

Living Liver Donor Mentoring Program

The goal of the living liver donor mentoring program is to give potential donors the option to meet with or have a telephone conversation with a person who has already gone through the donor experience at the Center for Liver Disease and Transplantation. You will be given this opportunity after your evaluation has been completed and only if you have been cleared as a donor.

Meeting with a donor mentor will help you to:

- Identify from a donor's point of view the donation process
- Better understand possible risks from someone who has been through the process
- Have the ability to ask donors questions without feeling pressured
- Better understand what to expect during the post operative course.
- Understand that everyone's donation experience is different
- Have an advocate outside the medical profession to call, ask questions when concerns come up.

If you have any questions or concerns about the living liver donor mentoring program please call 212-305-9381.

Would you like the opportunity to meet with a living liver donor mentor?

Please sign one selection.

YES

SIGNATURE

DATE

Please circle your choice of contact:

By Telephone

In Person

By E-mail

- OR -

NO

SIGNATURE

DATE